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MOUNT TOUBKAL (4167m) – Atlas Mountains, Morocco

Introduction

Exhilarating one-week trek to the summit of North Africa's highest mountain at 4,167m.

Mount Toubkal or locally known as Jebel Toubkal, is the highest mountain in North Africa. The climb to Mount Toubkal (known as Jebel Toubkal) is an exhilarating challenge, but requires little trekking or mountaineering experience. The reward is a truly outstanding panoramic view of the High Atlas Mountain Range.

From the exotic imperial city of Marrakech, our trek passes through the remote colourful berber villages and terraced fields into the High Atlas mountains and onto North Africa's highest summit, Mount Toubkal. A fantastic week combining remote high mountain trekking and the experience of Marrakesh city.

Who's it for ?

Any reasonably fit person who enjoys their walking can trek to the summit of Mount Toubkal. The trail is graded as fairly easy and offers good overnight accommodation facilities throughout the trail.

2011 Winter Ascent: £480

Dates: 2011 Jan 3rd - Jan 9th

This is a true mountaineering experience and a great introduction to winter mountaineering.

Our winter ascent follows the summer itinerary but includes 2 extra days of winter skills training prior to our ascent of Mount Toubkal.

You'll get time to practice using your crampons & ice axes. This trip is a non-technical winter ascent in the Atlas Mountains. Some winter walking experience is preferred but not essential for this trip.

1 Night hotel in Marrakesh (B&B basis)
5 nights at mountain refuge (full board basis)
All porter and guiding costs including UK and in-country guides.

Itinerary (Summer Trip)

Day 1. UK flight to Marrakech and transfer to hotel

Day 2. The morning gives us further opportunity to explore this amazing city before having lunch. We then have a transfer of 1.5hr to the berber village of Imlil where we spend the night in a local Gite and make preparations for the trek.

Day 3. In the morning we meet our mule team and load our gear. After breakfast we begin slowly to make our way to Azib Tamsoult camp (2400m). On route we'll pass through terraced fields, through walnut and cherry orchards and remote villages which gives us a great insight into berber life.

Day 4. Today is our acclimatisation day. Our aim for today is to trek to the summit of Aglizim (3500m). Once on top we get amazing views over the high Atlas before descending to our camp in the Mizane valley at the foot of Mount Toubkal (Neltner 3206m). Camp or refuge

Day 5. Summit day! Early in the morning we make our attempt to the summit of Mount Toubkal (4167m), the highest peak in Northern Africa. Our route is straight forward but the views are anything but normal and make the journey incredibly worthwhile. Once on the summit the surrounding landscape of the high Atlas mountains is quite breathtaking. From here we have unrestricted views in every direction from the Marrakesh plain to the High Atlas in the north and as far south as the Anti Atlas and the Sahara. After celebrations and pictures, we retrace our steps down mountain and head to Imlil for late afternoon tea.

Day 6. After a good breakfast we take the drive back to Marrakesh. With time permitting there's opportunity to once more explore this exciting city.

Day 7. Flight back to UK.

Visa & Passports

A valid 10 year passport with at least 1yr to run is essential. Visa's for entry to Morocco are not required by nationals of UK, Ireland, Australia, New Zealand, USA, Canada and most EU countries.

Insurance

It is a condition of joining the trip that you must be insured to properly cover all activities included in the trip. Your insurance must include cover for emergency medical repatriation as well as medical expenses abroad. Please note that there are no official mountain rescue services in Morocco and that any evacuation in the event of a serious medical emergency will be by land as opposed to helicopter. Your UK guides will ask to see copies of your insurance prior to the start of the trek. Insurance can be booked through ourselves.

Health

There are no compulsory vaccinations for Morocco but we do recommend you consult your GP before departure.

Dress Code

As Morocco is a strict Muslim country we ask that you respect local dress code and wear suitable clothing. Below the knee skirts & shorts with shoulders covered.

Safety & Success

Our trek is designed to give us the best possible programme of acclimatisation to reach the summit of Mount Toubkal.

All our trips are run by UK qualified & experienced Guides who hold International Mountain Leader or UIAGM guides awards.

Trekking Info

Our porters will be carrying your main luggage, all equipment and our food and water during the day. You will be required to carry just a small daypack for your personal items during the day.



Costs

Summer Ascent - £340.00.

27th - 30th May 3rd - 6th June 9th -12th Sept

Whats included:-

B&B accommodation in Marrakesh 2 nights 2 nights accommodation in Imlil
2 nights camping
Qualified UK trek leader
All meals during trek (except in Marrakesh)
Porter & guides services, cooks and tentage

Not included:-

Flights to Marrakesh, Bar bills, drinks and snacks personal accident & risk insurance, visa fees, meals in Marrakesh, tips. Hot showers are available at the Neltner refuge at 10 Dirams/pp.

Not included:

Personal insurance (you must be insured against emergency repatriation and medical expenses abroad for your chosen activity). *Personal insurance can be arranged. Please contact us for information.*

Booking Security

All our overseas trips are booked through our travel partner Strachan Sports Travel providing ATOL bonding and ABTA & IATA quality membership.

Raising Money for Charity

For many, the experience of having achieved a major summit while raising money for a charity, enhances your experience and overall achievement. In addition your chosen charity will benefit greatly from both the money and raised profile.

As part of our booking packs, we include sponsorship forms and can assist you in planning your fundraising. If you don't have a charity in mind, we can give you information on the charities that we work with and their causes.

How to Book

Please complete our booking form and return with your deposit. On confirming your booking we will send you confirmation and receipt of the booking. The full balance is then paid 6 weeks before departure.

Further information can be found:-

www.adventuresinternational.co.uk

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